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Mapping A New Reality Outside the Zone of Familiarity

BY PIA ORLEANE, PH.D. &
 CULLEN BAIRD SMITH -

he world is changing. That is a simple fact. Whether we choose to fight those changes or help to create them, change is the nature of our evolutionary path. We are moving away from everything that is familiar to us into an unknown territory that our Pleiadian friends, Laarkmaa, call "the New Reality." What does this mean? It means that our familiar behaviours and interactions with each other will not bring the same results. It means that familiar ways of survival in the world will no longer work. It means that our familiar methods of exchange (work for money, money for food, etc.) may no longer be effective. It means that even our weather can no longer be trusted to follow familiar patterns.

It also means that what science has previously proven is changing moment by moment, too fast for us to know what is really true, and what is simply a string of constantly changing facts upon which we continue to build our erroneous belief systems. We are facing unprecedented opportunities for growth and evolution.

In our current reality, many of the changes we are experiencing are coming from outside of us: earth changes, political changes, medical changes, and financial changes. But it is our participation with these outer circumstances through our attitudes and voicing conscious protests against control that will bring ultimate change for us as species. We need to take back our power and begin to live from a place of love, unity, and trust in each other, rather than from a place of fear and submission.

Laarkmaa's newest book *Pleiadian Manual for Accelerated Evolution & Ascension*¹ quides us in how to move



through this transformative time. As our Cosmic weather changes and our external world changes, we need to change the reality of human experience currently based on fear, judgment, competition, separation, and suffering to the reality of the New Humans (as Laarkmaa calls us), which is based on love, trust, Unity Consciousness, and the highest good for all.

Before we can make these changes, however, we need to understand the basis and illusion of the familiar reality in which we are living. The first thing we need to understand is that everything that we think or feel is based on principles of duality, which we have never really understood. Our perspective of duality causes us to view everything in terms of conflictual opposites such as "right and wrong" or

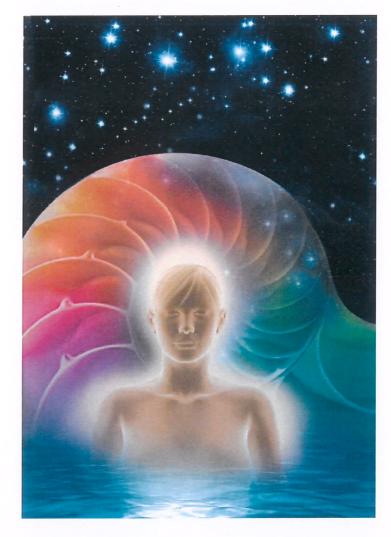
"us and them." It is from this familiar perspective of duality that we continually struggle through life.

This sense of duality and opposition has caused us to fear that there will never be enough for everyone; from that position we have learned to compete with one another, rather than to simply cooperate. Laarkmaa suggests that we learn to use duality properly by seeing that opposites are merely different perspectives of a more whole and complete reality that can be blended into a true harmony. In Conversations With Laarkmaa: A Pleiadian View of the New Reality,2 they describe the reality we are moving towards on our evolutionary path. In Remembering Who We Are: Laarkmaa's Guide on Healing the Human Condition,3 they tell us how to get there.

One of the largest concepts that keeps us stuck is measuring our lives through time, an artificial construct based on clocks and the Gregorian Calendar, systems which are not in harmony with the natural rhythms of Earth. Our 24-hour system of measuring each day must be adjusted every four years because it is not accurate. One of the most essential elements Laarkmaa encourages us to understand is that our world (and the cosmos) is governed by energy, not time. In their book Pleiadian-Earth Energy Astrology: Charting the Spirals of Consciousness, Laarkmaa explains the system of cosmic energy patterns and the energetic systems we experience here on Earth.

It is from understanding that everything is energy, that we can develop multidimensional perspectives that show us how to incorporate opposite perspectives of duality into unity. Laarkmaa's system is a map toward oneness, and we can use this map to guide us away from painful patterns that hold the familiar energies of judgment, competition, and separation, to a New Reality based on love, cooperation, and unity.

To step out of our comfort zone of familiarity into the New Reality, we need to examine and integrate some new ideas about the multidimensional reality we are approaching and beginning to live in. Both Laarkmaa and quantum physics tell us that everything exists at once, a truth that lends itself to the idea that we are a continually changing energetic system of cycles and awarenesses. Simultaneous existence denies the concept of time because time is not real. Time only exists on planet Earth as a human construct. It is simply a linear concept that leads our perspectives into hierarchal thinking, and hierarchal thinking encour-

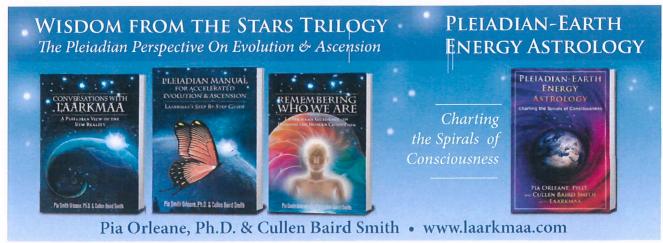


ages the need for competition. In truth, we are all equal; we just have different gifts and are each evolving at our own pace. When reality is seen through the lens of energy, there is no need for judgment of anyone or anything else ever. We can learn to see everyone as an expression of energy, and recognise that their energy is growing, chang-

ing, and evolving, just like our own. Likewise, each situation is an energetic opportunity full of potential for positive change.

What we identify as being different from us is usually perceived as a "problem." We are not accustomed to viewing problems as opportunities for growth; instead, we usually see

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problems as challenges that we must overcome or endure. Typically we resist them, hoping to remove or correct whatever the problem may be in order to move back into our comfort zone of familiarity. Most problems stem from fundamental differences in our opinions or our beliefs. We want whatever the "difference" that is creating the "problem" to change and realign with our own beliefs or simply go away – if our beliefs are realigned, there is no more problem. But without the stretch of different perspectives, there is also no room for growth.

Leaving the zone of familiarity and following the map to the New Reality that we are co-creating requires thinking differently and acting differently, while we unwind old patterns and beliefs that have kept us in what feels like a familiar "safe" zone of the illusion of reality. The old familiar ways are no longer working. Personally, the two of us cannot see continuing to view life from a perspective that suggests that life is hard, life is a struggle, or that we have to compete to get our rightful share of anything. Most likely you don't want that either. There is enough of everything for all of us when we learn to share what we have, including our ideas and perspectives. There is no single right way (although some ways certainly flow more easily because they are more connected to the benefit of the whole).

In Remembering Who We Are, Laarkmaa lists ten things we need to choose for our conscious evolution. We list here questions that we can ask ourselves to be sure we are making choices for the highest good for all:

★ How am I greeting the world

with my facial expressions and my speech?

- ★ Am I expressing negative energy in my thoughts or tone of voice?
- ★ Do I remember that every thought I have within me either enhances or pollutes all others and the planet because we are connected?
- ★ Are my tones and words filled with kindness, compassion, and love?
- ★ Am I actively taking responsibility to change what I can?
- ★ Am I inappropriately taking responsibility that belongs to others?
- ★ Am I looking for goodness, rather than faults?
- ★ How am I being unconscious in my habitual behaviours?
- ★ Am I searching for truth or clinging to what I have been told or to my own beliefs?
- ★ What do I believe that keeps me stuck?
- ★ How are my perceptions incorrect?
- ★ Do I spend enough time connecting with Nature?
- ★ Am I being quiet enough to *really* listen?

We began this article noting that our world is changing. We end it by saying that we must evolve now or die. The familiar illusion is falling away, as together we co-create a new, and hopefully, better multidimensional reality. The Pleiadians guide us to detach from our old belief systems; surrender our need to be right and open to new perspectives; accept the gifts that may be found in listening to others who may see the world differently than we do; learn to cooperate rather than competing with each other; live from love rather than fear, accepting everything as simply an experience; have gratitude for every opportunity to grow and change; and accept energy rather than time as the basis of understanding our existence and how to live our lives.

In the New Reality, these ways of interacting with life may become more necessary than air. Without air we die. Possibly, we will also die if we do not adopt new attitudes and broader perspectives that are loving and nonjudgmental. An atmosphere created by beliefs containing judgment and fear can be just as toxic as an atmosphere that is devoid of oxygen. We cannot live without air. Can we live without love?

▶ Pia Orleane & Cullen Smith will speak at this year's Cosmic Consciousness Conference, to be held in Uluru, 20-22 December 2020. For more information, visit www.cosmicconsciousness.com.au and see the inside of front cover.

FOOTNOTES

- 1. Orleane, P. & Smith, C. Pleiadian Manual for Accelerated Evolution & Ascension: Laarkmaa's Step by Step Guide, 2020, Santa Fe, New Mexico: Onewater Press.
- 2. Orleane, P. & Smith, C. Conversations With Laarkmaa: A Pleiadian View of the New Reality, 2010, Santa Fe, New Mexico: Onewater Press.
- 3. Orleane, P. & Smith, C. Remembering Who We Are: Laarkmaa's Guidance on Healing the Human Condition, 2015, Santa Fe, New Mexico: Onewater Press.



PIA ORLEANE, Ph.D. is a former practicing psychologist, a respected intuitive, astrologer and the author of the Nautilus Gold award winning book *Sacred Retreat: Using Natural Cycles to Recharge Your Life*. She is co-author with Cullen Baird Smith of the *Wisdom From the Stars* series.

Trained in archeology and anthropology, **CULLEN BAIRD SMITH**, is an empathic intuitive who has been accessing parallel realms of love and light since childhood. He is co-author with Pia Orleane of the COVR Award winning book *Pleiadian-Earth Energy Astrology: Charting the Spirals of Consciousness; Conversations With Laarkmaa: A Pleiadian view of the New Reality; and Remembering Who We Are: Laarkmaa's Guidance on Healing the Human Condition. Cullen and Pia are also co-creators of the revolutionary 2020 Pleiadian-Earth Energy Calendar.* They live in Europe. For more information on their calendar, books, or personal sessions, see: www.piaorleane.com & laarkmaa.com.